



5 STEPS TO RESPOND TO AN OPIOID OVERDOSE

STEP

1



SHOUT & SHAKE

their name and their shoulders.

STEP

2



CALL 911 /Channel 16 VHF:
MAYDAY, MAYDAY, MAYDAY
if unresponsive.

STEP

3



GIVE NALOXONE

1 spray into nostril.

STEP

4



PERFORM RESCUE BREATHING AND/OR CHEST COMPRESSIONS

STEP

5

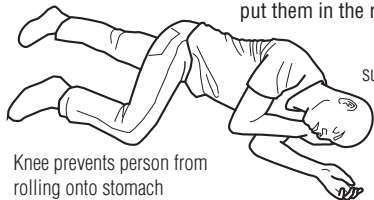


IS IT WORKING?

If no improvement after 2-3 minutes, repeat
steps 3 and 4. Stay with them.

RECOVERY POSITION

If the person begins breathing on their
own, or if you have to leave them alone,
put them in the recovery position.



Hand
supports
head

Knee prevents person from
rolling onto stomach

SIGNS OF AN OVERDOSE

- Person can't be woken up
- Snoring or gurgling sounds
- Fingernails and lips turn blue or purple
- Pupils are tiny or eyes rolled back
- Body is limp

For more info: amsea.org/opioids &
projectgabe@amsea.org NARCAN
provided through AMSEA



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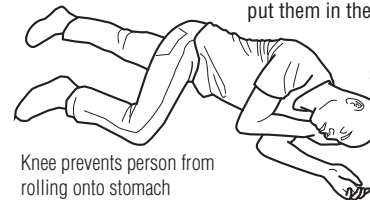


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