DISTRESS BROADCAST

• Make sure communications equipment is on.

• Select 156.8 MHz (VHF channel 16), 4125 kHz or other distress frequency used in your area of operation. Note: VHF channel 16 and 4125 kHz are for emergency and calling purposes only.

• Press microphone button. Speak slowly, clearly and calmly. Say:

  MAYDAY, MAYDAY, MAYDAY

  This is the F/V ____________, F/V ____________, F/V ____________. Over.

• Release microphone button briefly and listen for acknowledgement. If no one answers say:

  MAYDAY, MAYDAY, MAYDAY

  This is the F/V ____________, F/V ____________, F/V ____________.

  My position is ____________________________, (Use latitude/longitude, nearby landmarks, distance from known points, LORAN readings, etc.) Repeat three times.

  I am _____________________. (Sinking, on fire, listing, etc.)

  I estimate that I can stay afloat _________________ hours/minutes.

  I have ________________ persons on board.

  My vessel is a _________________ type of vessel, ________________ feet long, has a ________________ color hull with ________________ color trim, and masts.

  I will be listening on channel ____________.

  This is the F/V _________________. Over.

• Release microphone button. If situation permits, stand by the radio to await further communications with the Coast Guard or another vessel.

• If no answer and situation permits, try another channel and repeat.