

# DISTRESS BROADCAST

- Make sure communications equipment is on.
- Select 156.8 MHz (VHF channel 16), 4125 kHz or other distress frequency used in your area of operation. Note: VHF channel 16 and 4125 kHz are for emergency and calling purposes only.
- Press microphone button. Speak slowly, clearly and calmly. Say:

MAYDAY, MAYDAY, MAYDAY

This is the F/V \_\_\_\_\_, F/V \_\_\_\_\_, F/V \_\_\_\_\_. Over.

- Release microphone button briefly and listen for acknowledgement. If no one answers say:

MAYDAY, MAYDAY, MAYDAY

This is the F/V \_\_\_\_\_, F/V \_\_\_\_\_, F/V \_\_\_\_\_.

My position is \_\_\_\_\_. (Use latitude/longitude, nearby landmarks, distance from known points, LORAN readings, etc.) Repeat three times.

I am \_\_\_\_\_.(Sinking, on fire, listing, etc.)

I estimate that I can stay afloat \_\_\_\_\_ hours/minutes.

I have \_\_\_\_\_ persons on board.

My vessel is a \_\_\_\_\_ type of vessel, \_\_\_\_\_ feet long, has a \_\_\_\_\_ color hull with \_\_\_\_\_ color trim, and masts.

I will be listening on channel \_\_\_\_\_.

This is the F/V \_\_\_\_\_. Over.

- Release microphone button. If situation permits, stand by the radio to await further communications with the Coast Guard or another vessel.
- If no answer and situation permits, try another channel and repeat.